

CRISPIC**Bagelbics****CRACKED PEPPER & LIME****NUTRITION INFORMATION**

Servings Size:10 g Servings per Pack:12

	Per 10 g serve	Per 100g
ENERGY	151 KJ (36 kcal)	1507 KJ (360 kcal)
PROTEIN	1.1g	10.8 g
FAT-TOTAL	0.7 g	6.8 g
-SATURATED	0.06 g	0.61 g
-TRANS FAT	< 0.01 g	< 0.1 g
CARBOHYDRATE		
-TOTAL	6.1 g	61 g
-SUGARS	0.3 g	2.8 g
SODIUM	113 mg	1128 mg
DIETARY FIBRE	0.5 g	4.6 g
CHOLESTEROL	< 0.3 mg	< 3 mg

INGREDIENTS: WHEAT FLOUR (VITAMIN B1/FOLIC ACID), CANOLA OIL:6%, CRACKED PEPPER & LIME MIX: 4.9%, (PEPPER:0.2%, LIME: 0.1%), IODISTED SALT (SODIUM IODATE), YEAST, SUGAR, SOYA FLOUR, MALT FLOUR, NATURAL LEAVEN, MAY CONTAIN SESAME SEEDS.

ROASTED SESAME & POPPY SEED**NUTRITION INFORMATION**

Servings Size:10 g Servings per Pack:12

	Per 10gm serve	Per 100gm
ENERGY	161KJ (38kcal)	1604KJ (383kcal)
PROTEIN	1.1g	11.1g
FAT-TOTAL	1.2g	11.5g
-SATURATED	0.1g	1.1g
-TRANS FAT	< 0.01g	< 0.1g
CARBOHYDRATE		
-TOTAL	5.6g	56g
-SUGARS	<0.07g	0.7g
SODIUM	96mg	958mg
DIETARY FIBRE	0.5g	4.6g
CHOLESTEROL	< 0.3mg	< 3mg

INGREDIENTS: WHEAT FLOUR (VITAMIN B1/FOLIC ACID), CANOLA OIL: 6%, IODISED SALT (SODIUM IODATE), POPPY SEEDS 3%, YEAST, SESAME SEEDS: 1.5%, SUGAR, SOYA FLOUR, MALT FLOUR, NATURAL LEAVEN.

MIXED HERBS & GARLIC**NUTRITION INFORMATION**

Servings Size:10 g Servings per Pack:12

	Per 10gm serve	Per 100gm
ENERGY	153KJ (37 kcal)	1534 KJ (367 kcal)
PROTEIN	1.1g	10.8g
FAT-TOTAL	0.9g	8.9g
-SATURATED	0.08g	0.8g
-TRANS FAT	< 0.01g	< 0.1g
CARBOHYDRATE		
-TOTAL	5.8g	58g
-SUGARS	0.01g	0.1g
SODIUM	135mg	1350mg
DIETARY FIBRE	0.5g	4.6g
CHOLESTEROL	< 0.3mg	< 3mg

INGREDIENTS: WHEAT FLOUR (VITAMIN B1/FOLIC ACID), CANOLA OIL:6%, HERBS & GARLIC MIX: 4.9%, (HERBS: 1%, GARLIC POWDER:1%), IODISED SALT (SODIUM IODATE), YEAST, SUGAR, SOYA FLOUR, MALT FLOUR, NATURAL LEAVEN. MAY CONTAIN SESAME SEEDS.



BAGELBICS	
CRACKED PEPPER & LIME – ROASTED SESAME & POPPY SEED – MIXED HERBS & GARLIC	
WEIGHT/BOX	120 GM
BOXES/CARTON RETAIL	12
BOXES/PALLET	780
CARTONS/PALLET	65

NOTE: 13 Cartons/Row
5 Rows up

